

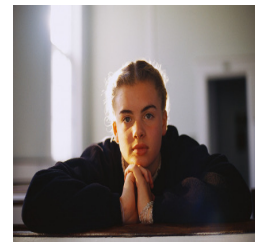
Parenting Teenagers with Additional Needs through Transition to Adult Services ©

Led by 2 qualified facilitators with a wealth of personal & professional experience. This course will help you:

- Explore the challenges and impact of transition on the whole family
- Sharing the journey so far and our feelings around “letting go”
- Solutions to support the whole family in moving forward
- Learn ways to help our teenagers keep safe and independent living skills
- Individual plans for moving forward

“It feels like the fog has cleared and I can see the way forward more clearly now”

Parent comment from our last course



WHERE and WHEN?

**Frances Bacon School
Drakes Drive, St Albans
AL1 5AR**

Tuesday's: 10am to 12pm

**March 6th, 13th, 20th, 27th
April 17th, 24th**
(no sessions over Easter Holidays)

**Places are limited so
booking is ESSENTIAL**

Families in Focus CIC and
KIDS working together to
support parents and families
in your community.

Booking your free place now!

Call Shelley Bell 01923 676549

Or

Email: Shelley.bell@kids.org.uk

Or

info@familiesinfocus.co.uk

