

FREE

Moving Up Transition from Primary to Secondary School

Wednesday 24th June 7 - 9 pm

Workshop for parents of year 5 & 6 children
moving up to secondary school in September 2009/10

Practical ideas for promoting independence

Tips for supporting positive friendships

Teenangel or Teenangst? Troubleshooting teen behaviour

Living with Teenagers

Wednesday 8th July 7 - 9 pm

Wondered how to understand & communicate with
your teenager? Come & try this taster session.

Elm Court Youth & Community Centre
363 Mutton Lane, Potters bar EN6 3PB

Places are limited!

To book please contact: District Partnership Team 01438 843030

Or email nadine.cole@hertsc.gov.uk

Come & Learn to Cook at Mount Grace!

FREE 4 week family cooking courses
for young people aged 11 (yr 6) -13 (yr 9)
& their parents/carers

Next course starts in the autumn

* Places will be limited so if you are interested please contact Reggie Thompson,
Mount Grace School on 01707 655512 x252 or thompsonr@mountgrace.herts.sch.uk *

* Each family place will consist of one adult and one child *

* You will be expected to attend every week for four weeks *



we shine brighter... together.

**The Potters Bar
Extended Schools
Consortium**



What's on in **Potters Bar & South Mimms Summer 2009**



www.hertsexextendedschools.org.uk/pottersbar

Cranborne School ~ Dame Alice Owen's School ~ Ladbrooke School ~ Mount Grace School
Oakmere School ~ Pope Paul Catholic School ~ St Giles C of E School ~ The Wroxham School



Play Schemes

Activity	Time & Place	More info
Circus Play 5 - 11 years Children can have fun developing a variety of circus skills, have a go at playing the clown & make some fun artwork. These workshops will fill up quickly so hurry & book your place. Booking forms will be accepted from Wednesday 8th July 2009.	27th, 28th & 29th July 9 am - 5 pm St Giles CE School South Mimms	tel. 020 8207 7568 hertsmere.gov.uk 
Summer Multi Sports Camps 6 - 12 yrs The Summer Camp will focus on sports such as Football, Tag Rugby, Netball Basketball, Cricket, Tennis, Softball, Rounders and Ultimate Frisbee to mention a few! See opposite for more details!	27th July - 7th August 8.30 - 3.30 pm Mount Grace School Potters Bar	tel. 01707-655512 (PE Office) mountgrace.org.uk
Drama Play 5 - 11 years This scheme offers a great range of drama workshops alongside Hertsmere' Council's established artplay creative programmes. Booking forms will be accepted from Wednesday 8th July 2009.	24th - 28th August 9 am - 5 pm Ladbroke School Potters Bar	tel. 020 8207 7568 hertsmere.gov.uk 
Kiddie Kamp 5 - 7 years Holidays couldn't possibly be more fun!! We offer a variety of creative & active play with arts & crafts, team games, bouncy castle, sports and games. They will have so much fun they will want to come back again and again!	All summer! 8.30 - 3.30 pm Hertswood Borehamwood 8.30 - 5.00 pm Bushey Grove Bushey	hertsmereleisure.co.uk tel. 020 8387 5600 tel. 01923 470140
Shokk Fit Camp 8 - 14 years Check out our NEW SHOKK Fit Camp at the Furzefield Centre! ...an exciting new concept in fitness for all 8 to 14 year olds.	All summer! 8.45 - 5.15 pm Furzefield Centre Potters Bar	tel. 01707 850500 hertsmereleisure.co.uk
Day Camp 8 - 14 years A smash hit for 8 to 14 year olds there's non stop fun for over 8's during the holidays too! Day campers can enjoy swimming, football, badminton, squash, basketball, bouncy castle, team games, competitions, arts and crafts and much, much more!!	All summer! 8.30 - 3.30 pm Hertswood Borehamwood 8.30 - 5.00 pm Bushey Grove Bushey	hertsmereleisure.co.uk tel. 020 8387 5600 tel. 01923 470140 

Play Schemes



Mount Grace School Summer Multi-Sports Camps

Supported by The Potters Bar Extended Schools Consortium

The Mount Grace School Summer Camp is open to 6 - 12 years old, boys and girls. The Summer Camp will focus on sports such as **Football, Tag Rugby, Netball Basketball, Cricket, Tennis, Softball, Rounders and Ultimate Frisbee to mention a few!**

Monday 27th July - Friday 31st July

Monday 3rd August - Friday 7th August

8.30am—3.30pm



*Book per day or for the whole week.

*All coaches and staff members are first aid qualified.

*All coaches have the relevant National Governing Bodies qualifications for each individual sports.

**Make sure you bring a packed lunch and a bottle of water.
A sun hat, sun cream and wet weather clothing is also recommended.**



Football

Games, skills and activities ranging from 4v4 tournaments, cross bar challenge, show boating tricks and basic skills.
Come and enjoy training like **Ronaldo!**

Tennis

Want to be the next **Andrew Murray?**
Learn skills and techniques ranging from game situations to training drills.

Cricket

Games, skills and net practises using both soft and hard ball.
Batting and fielding techniques will be practiced in the enjoyable session.

Basketball

Want to learn to shoot hoops?
Enjoy basketball shoot outs, 1v1 tournaments and team competitions.
Have fun playing like **Michael Jordan or Shaquille O'Neal!**

£15 per day or £65 per week



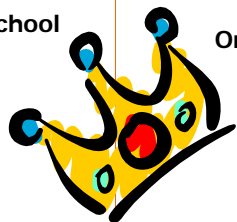
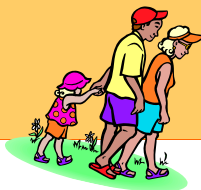
For further information please call **01707-655512** (PE Office)
or see the school website **mountgrace.org.uk**

The Summer Camp will operate on a first come first served basis, so book early to avoid disappointment!



Things to do

Activity	Time & Place	More Info
The Jungle Book 4 - 17 years Top Hat Stage & Screen School's summer 2009 Course will be Disney's wonderful "JUNGLE BOOK KIDS"! And they need children aged 4 - 17 years of age to take part!	3rd - 7th August 6 - 17 yrs: 10 - 3 pm 4 - 5 yrs: 10 - 1 pm Wyllyotts Theatre Potters Bar	Call Wyllyotts Box Office 01707 645005
Pattacakes Cookery 6 years + Come and spend the morning being a mini Chef...	Tues 4th August 11.15 - 1.15 pm Wyllyotts Theatre Potters Bar	Call Wyllyotts Box Office 01707 645005
Chicken Licken Show 3 - 6 years A baby chick is born and thinks the sky is falling down... Chicken Licken Workshop 5 years + Why not stay on with the children after the Chicken Licken Show and make your very own shadow puppet out of card?	Weds 5th August Show: 2 pm Workshop: 3 pm Wyllyotts Theatre Potters Bar	Call Wyllyotts Box Office 01707 645005
National Play Day FREE Come along & celebrate National Play Day with activities including children's entertainer, face painting, Play Rangers activities & much more...	Weds 5th August 12 - 3 pm Oakmere Park Potters Bar	FREE www.hertsmere.gov.uk
Harry Potter Workshop 7 - 12 years Use your imagination to act out your favourite characters from Harry Potter. Games & crafts included.	Mon 10th August 10 - 3 pm Oakmere School Potters Bar	Call Baronie Shepherd on 07525 765232 Only £13!
Disney Workshop 5 - 12 years This all singing, all dancing, acting packed workshop explores some Disney's favourite classics. Children get the chance to be a princess or prince for the day & be part of a unique, interactive storytelling experience.	Tues 11th August 10 - 3 pm Oakmere School Potters Bar	Call Baronie Shepherd on 07525 765232 Only £13!
Wizard Workso p 5 years + Learn the tricks of the trade from our master magician & create your very own box of tricks from scratch!	12th & 13th August 10 - 12.30 pm Wyllyotts Theatre Potters Bar	Call Wyllyotts Box Office 01707 645005



More things to do!

Activity	Time & Place	More Info
Super Star Workshop 5 years + For all kids who love Hannah Montana, High School Musical and all the other teenage super stars...	19th August 10 - 12.30 pm Wyllyotts Theatre Potters Bar	Call Wyllyotts Box Office 01707 645005
Wild Animation 8 - 12 years Model characters to animate and film and record sound effects. Create flip books and film yourself and others to appear to fly, skateboard or ice-skate!	19th August 10 - 3 pm Little Heath School Potters Bar	For more info or to book visit wildchildactivities.com or call 0845 3717099
Family Fun Day FREE Come along & have fun -look out for posters	26th August 12 - 2 pm Oakmere Park Potters Bar	FREE www.hertsmere.gov.uk
Noddy in Toyland Show all ages Noddy and his friends have been entertaining children for generations and it's easy to see why...	27th August 1 pm & 3.30 pm Wyllyotts Theatre Potters Bar	Call Wyllyotts Box Office 01707 645005
Children's Cinema at the Wyllyotts Night at the Museum -Battle of the Smithsonian PG Security guard Larry Daley infiltrates the Smithsonian Institute in order to save his friends who have been shipped there by mistake. Corraline PG A young girl walks through a secret door in her new home & discovers an alternate version of her life. Hannah Montana: The Movie PG She has the best of both worlds... now she has to pick just one.	23rd & 28th July 1.30 & 4.30 pm 12th August 1.30 only 13th August 1.30 & 4.30 pm 19th August 1.30 & 4.30 pm	Call Wyllyotts Box Office 01707 645005



Find more activities for children under 5 at

PB1 Children's Centre
tel. 01707 658547
hertsmere-children.co.uk

The Furzefield Centre
tel. 01707 850500
hertsmereleisure.co.uk

More things to do!

Activity	Time & Place	More info
<p>Elite Technique Football courses for boys & girls</p> <p>Petite Feet 2.5 - 5 years Games are themed around characters, cartoons & interests that children are familiar with & recognise, whilst learning key football skills.</p> <p>Nippers 5 - 7 years A mini step up from our Petite Feet classes – this course is slightly more challenging. Games are still themed around player interests, however in this environment players are now introduced to matches & team games.</p>	<p>10 week courses starting Saturday 13th June & 29th August 10 - 11 am or 11 - 12 pm</p> <p>Oakmere Community Centre Potters Bar</p>	<p>Call Danny Lerner tel: 0208 2925701 Mobile: 07983 351415</p> <p>or email info@elitefeetfootball.co.uk</p> <p>Or book online at: elitefeetfootball.co.uk</p>
<p>Street Dance Classes 9 -17 years By Top Hat Stage School</p>	<p>Wednesdays 5 - 6 pm for 9 - 11 yrs 6.15 - 7.15 pm for 12 - 17 yrs</p> <p>Elm Court Community Centre Potters Bar</p>	<p>Call Top Hat Stage School on 01727 812666</p>
<p>Top Hat Stage School 4 - 17 years Our aim is to offer a fun filled, challenging yet rewarding training in dance, drama, singing & stage craft.</p> <p>These disciplines will improve performance techniques as well as developing confidence & articulation.</p>	<p>Fridays 4 .30 - 6.30 pm for 4 - 5 yrs 4.30 - 7.30 pm for 6 - 17 yrs</p> <p>Elm Court Community Centre Potters Bar</p>	<p>Call Top Hat Stage School on 01727 812666</p>
<p>Junior Youth Club 7 - 11 years</p>	<p>Tuesdays (termtime) 6.15 - 7.45 pm</p>	<p>tel. 01707 659602</p>
<p>Senior Youth Club 13 - 19 years</p>	<p>Mondays 7 - 10 pm Tuesdays 8 - 10 pm</p>	<p>tel. 01727 753101</p>
<p>Girls Club 13 - 19 years</p>	<p>Thursdays 6 - 9 pm</p>	<p>tel. 01727 753101</p>
<p>Friday Club 11 - 14 years</p> <p>Pool, darts, table tennis, 5-a-side football, discos, inter-club competitions, indoor games, badminton, dance, music, crafts, discussions, advice and information.</p>	<p>Fridays (termtime) 8 - 10 pm</p> <p>Elm Court Community Centre Potters Bar</p>	<p>tel. 01707 659602</p>

Be There! Do It!

Summer-thing for everyone

Get bored in the summer?
Have children or grandchildren aged 11 to 19?

If you answered yes to any of these then Hertsmere has something for you.

The **'Be There! Do It!'** programme runs throughout every holiday period and has a range of activities for young people.

From art and cooking to swimming and street dance; an introduction to driving or a chance to learn health and beauty techniques there really is something to suit everyone so spread the word to 11-19 year olds, and make sure they check out the programme to find out what's hot this summer.

The programme runs throughout Hertsmere from Monday 27 July to Friday 28 August. Prices are very reasonable and some activities are free.

The brochure will be available to download in the Leisure & Culture section at **www.hertsmere.gov.uk** at the end of June. If you want more information or to be added to our mailing list please feel free to telephone us on **020 8207 7568** or email **community.services@hertsmere.gov.uk**.

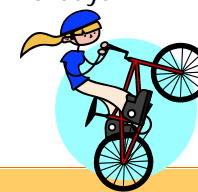
Be There! Do It! 2009 Launch Party All ages welcome **FREE**

A fun-packed day offering you the chance to try out a load of activities for free. Have a go at skating, BMX, army assault course, climbing wall, a music workshop with the School of Rock, Play Ranger activities and much more!

If you like something you can then sign up to join in again in the summer holidays.

Saturday 18 July
11am – 4pm
Aberford Park, Borehamwood

Children under 11 must be accompanied by a responsible adult



Friends & Family End of Summer Show & Party

All Ages Welcome

This is a chance to show off all of your new-found talents learnt over the summer on Be There! Do It! Whatever your creative talent, whether you took part in art, dance, music or fashion you can showcase it here. This event will feature a fashion show, dance performances, music performances from the School of Rock and much much more. To add to the fun, the night will end in a disco with music and dancing for everyone.

Friday 28 August
6pm -Child £1, Adult £3 tickets can be bought on the door
Hertswood School, Lower Site, Main Hall, Borehamwood

Be There! Do It!

Activity	Time & Place	More info
<p>Street dance 14 - 19 years Enjoy dancing? Don't miss this! At these sessions, led by the Saracens professional dance squad, you will get the chance to learn a mixture of street dance and cheerleading. Have fun learning some of the latest moves to some of the hottest tracks. Make sure you get yourself down here and dance!</p>	<p>22nd & 29th July 9.15 - 10 pm Furzefield Potters Bar</p>	<p>No need to book, just turn up £3 per session</p> 
<p>Street Art - The Art of Graffiti 11 - 13 yrs Express yourself through Graffiti art This workshop is designed to look at popular styles of graffiti art involving printmaking techniques. You will be making lino cuts based on the work of artist such as 'Banksy' & then creating your own pieces of graffiti using these prints. This will be AMAZING! Don't miss out on the fun!!</p>	<p>6th & 7th August 9.30 - 2.30 pm Mount Grace School Potters Bar</p> 	<p>Call 020 8207 7568 to book or email commnity.services@hertsmere.gov.uk for more info</p> <p>Students will be working with ink and paint so older clothes are preferable (enclosed shoes). Please bring packed lunch and a drink.</p>
<p>Lark in the park 11 - 19 years If you and your mates are hanging out in the park on a warm summers evening, what better than to get involved with free activities on offer! Play Rangers are coming to a park or open space near you! Loads of activities to fill your evening with fun Speedminton, cricket, football, rounders, art and crafts to name a few but if you have your own ideas for things you want to do we can help to set that up too. It's free, it's fun, just turn up. So what are you waiting for?</p>	<p>Thurs 6th August 6 - 8 pm Furzefield (next to the skate park) Potters Bar</p> 	<p>FREE</p> <p>No need to book, just turn up</p> <p>You can visit hertsmere.gov.uk/play for more info and other sessions running throughout the holiday</p>
<p>Cooking Workshop 11 - 13 years Enjoy cooking? Want to learn more? Back by popular demand, on these two half-day workshops you'll improve your cooking skills & learn how to cook a two-course meal that everyone will be impressed with!</p>	<p>11th & 13th August 10.00 am - 12.30 pm Mount Grace School Potters Bar</p>	<p>Call 020 8207 7568 to book or email commnity.services@hertsmere.gov.uk for more info</p>

7 For more **Be There! Do It!** activities visit hertsmere.gov.uk



Be There! Do It!

Activity	Time & Place	More info
<p>Learn to fish 11 - 19 years Fishing is a relaxing sport that's fun for all ages. Enjoy your holiday in the great outdoors and take advantage of this FREE fishing tuition from qualified coaches. All abilities are welcome and all equipment will be supplied.</p>	<p>27th August 9.30 - 4.30 pm Oakmere Park Potters Bar</p>	<p>FREE</p> <p>No need to book, just turn up email commnity.services@hertsmere.gov.uk</p>
<p>Swimming 11 - 16 years Take advantage of FREE swimming sessions throughout the summer holidays. Grab your friends, come down to your local leisure centre and cool down on a sizzling hot day. To add to the fun it's completely free of charge if you are 16 and under.</p>	<p>Every Mon, Weds, Fri & Sat from Mon 27th July to Sat 29th Aug Mon, Wed & Fri: 4 - 6 pm Saturday: 1 - 4pm Furzefield Centre Potters Bar</p>	<p>FREE</p> <p>You are strongly advised to telephone the individual centre prior to your visit to ensure the pools are available for public use.</p>
<p>Shokk Junior Fitness @ Furzefield 11 - 16 years Once you get in to it, you'll enjoy it more than you think.... so if you're thinking about getting fitter why not use this summer as your chance to get motivated, and get yourself down to the junior gym - it's only an hour a day and you can go any day of the week. Friendly, trained gym instructors are on hand to offer advice on equipment and exercise.</p>	<p>Weekdays from Mon 27th July to Friday 28th Aug 2 - 3pm Furzefield Centre Potters Bar</p>	<p>Induction is £3 and then it's £2 per session</p> 
<p>Football & sport 13 - 19 years Come down to the Furzefield Centre and join in the fun and games. If you want to make the most of the summer weather you don't want to miss this! Loads of organised sport and other activities for you and your friends to take part in - it's just for fun and everyone is welcome so come and join in.</p>	<p>Mon 3rd, 10th, 17th & 24th August 6 - 9pm Furzefield Centre Potters Bar</p>	<p>FREE</p> <p>For more information on these and other opportunities contact Youth Connexions Hertfordshire on the numbers below: 01442 545060 or 07747 762818</p>
<p>Tai Chi All ages welcome Clear your mind, relax & enjoy a bit of gentle exercise with Tai Chi. The practice of Tai Chi can help you to feel revitalised, relaxed, tolerant, self-confident & stronger & healthier in mind and body.</p>	<p>Sunday afternoons 26th July - 30th Aug 1 - 2 pm Parkfields Potters Bar</p>	<p>FREE</p> <p>No need to book, just turn up email commnity.services@hertsmere.gov.uk</p>

For more **Be There! Do It!** activities visit hertsmere.gov.uk 8

Be There! Do It!

Activity	Time & Place	More info
Twilight football 15-19 years Weekly five-a-side football competition with prizes Grab your mates and head down to the pitches for an evening kick about. The weekly sessions will include five-a-side tournaments with prizes. Wear your footy gear including shin pads and remember to bring a bottle of water.	Thurs evenings – 16th, 23rd, 30th July & 6th August 7 - 8 pm Furzeffield Potters Bar	No need to book, just turn up £1 per session



Need some work experience during the summer?

Ages 16-19

Why not volunteer with Vinolved?

V is about finding volunteer placements for young people between the ages 16-25. We want to find places that will inspire you, give you the experience that you want, and give you the all round good fun time that you want. If you want to get experience to get you into the job market, or for a place at college or just to try something new then we can help fix you up with an opportunity.

We also want to talk to charities and not-for-profit organisations that may want young and enthusiastic volunteers to help develop the service

Further information:

You can get in touch with Rosemary or Anna on **01992 623990** or **07800 654518**

Download the **Be there! Do it!** brochure at the end of June for more information on the following activities this summer:

- Learn to drive - basics** 15 - 16 years **Borehamwood**
- Motorcycle ride days** 13 - 19 years **Bushey**
- Intensive motorcycle course** 13 - 19 years **Bushey**
- Go Karting** 11 - 16 years **Borehamwood**
- Horse-riding experience** For 11 - 16 year olds **Elstree**
- Water Walkerz** 11 - 19 years **Bushey**
- Golf days** 11 - 16 years **Bushey**
- Xergaming @ The Venue** 11 - 15 years **Borehamwood**
- Take part in music, sport and arts** 13 - 19 years **Borehamwood**
- Rock'n Cooking** 11 - 19 years **Borehamwood**
- Mobile BMX park** all ages **Bushey**
- School of rock** 11 - 13 years & 14 - 16 years **Borehamwood**
- Fashion design workshops** 11 - 19 years **Borehamwood**
- Health and beauty** 11 - 19 years **Borehamwood**
- Look after your bike with 'Fix 'N' Trix'** all ages **Bushey**



More Information



What is The Potters Bar Extended Schools Consortium?

We are a group of schools working together in partnership to provide access to a range of services to improve our children's achievements & life chances:

Access to childcare:

High quality affordable childcare if required before and after school and for some of the holidays –for older children there should be a safe place for them to go to with a range of activities they can take part in.

Varied menu of activities:

Activities that can take place before or after school, or during lunchtimes that include things such as homework clubs, study support, sports, arts activities and special interest clubs.

Support for parents:

Information sessions and/or courses to help support parents support their children, & family learning opportunities so parents can learn along side their children.

Community access:

Use of school grounds and buildings, if suitable, by community groups and information provided by schools on local classes and activities for adults.

Swift and easy access to support services:

Support for children who need extra help, for example with behaviour, learning or health.

www.hertsextendedschools.org.uk/pottersbar

Don't live in Potters Bar?

Find out what's going on in your area:

London Colney & St Albans hertsextendedschools.org.uk/ssalbanssouth

Welwyn hertsextendedschools.org.uk/wgc

Little Heath, Brookmans Park, Cuffley, Northaw & Hatfield

www.hertsextendedschools.org.uk/hatfieldandrural

Borehamwood & Shenley Joy Cox jcox@hertswood.herts.sch.uk

Radlet, Bushey & Aldenham Fozia Ahmed esco4bar@hotmail.co.uk

Barnet barnet.gov.uk

Enfield enfieldyouthobservatory.org.uk enfield.gov.uk

Islington islington.gov.uk



The information provided here is for guidance only. The Potters Bar Extended Schools Consortium aims to provide accurate and up to date information, but we cannot guarantee at any time that all the information and services are up to date, accurate or of good quality. We recommend that carers find out information such as child protection and insurance before using the services listed.