

Coach Education Week  
#Herts19Feb2012

Something for everyone  
with over 100 sessions!

Courses  
Workshops  
Seminars  
Lectures

designed for

Coaches  
Leaders  
Officials  
Assistants  
Teachers

# Programme

01707 284229  
[www.sportinherts.org.uk](http://www.sportinherts.org.uk)





UKCC Level 1 Certificate of Coaching General Gymnastics (day 1 of 4)	Saturday 22nd Jan	9am - 5pm	From £235	Marriotts School	16+
UKCC Level 2 Certificate in Coaching Badminton	Saturday 11th Feb Sunday 12th Feb Saturday 24th March Saturday 14th April	9am - 5pm	£380	Francis Bacon School	18+
American Flag Football Leaders Award	Saturday 11th Feb	9.30am - 4.30pm	£20	Charters Health Club	18+
First Aid	Sunday 12th Feb	9.30am - 4.30pm	£50	Hertfordshire Sports Village	16+
Leadership in Running Fitness	Sunday 12th Feb	9am - 5pm	£90	Hertfordshire Sports Village	18+
Start Coaching Tag Rugby	Monday 13th Feb	9am - 12noon	£20	Hertfordshire Sports Village	14+
First Aid	Monday 13th Feb	9.30am - 4.30pm	£50	Hertfordshire Sports Village	16+
scUK FUNdamentals of Movement	Monday 13th Feb	9.30am - 12.30pm	£30	Hertfordshire Sports Village	16+
Netball CPD: On the Ball	Monday 13th Feb	1pm - 4pm	£35*	Hertfordshire Sports Village	16+
Rugby Ready	Monday 13th Feb	1pm - 5pm	£20	Hertfordshire Sports Village	16+
scUK: Safeguarding & Protecting	Monday 13th Feb	6.30 - 9.30pm	£30	Hertfordshire Sports Village	16+
scUK: Equity in Your Coaching	Monday 13th Feb	6.30 - 9.30pm	£30	Hertfordshire Sports Village	16+
Core Stability (Body Balance)	Monday 13th Feb	7 - 9pm	£20	Hertfordshire Sports Village	
SAQ P Award	Monday 13th Feb	9am - 5pm	£130	Francis Bacon School	16+
Level 2 Award in Community Sports Leadership (Pro-Action)	Monday 13th Feb Tuesday 14th Feb Wednesday 15th Feb Thursday 16th Feb Friday 17th Feb	10am - 5pm	FOC	Hertford Regional College	16-25 yrs
Badminton Young Officials	Monday 13th Feb	1pm - 5pm	£10	North Hertfordshire College	14-19 yrs
Level 2 Award in Community Sports Leadership (Pro-Action)	Monday 13th Feb Tuesday 14th Feb Wednesday 15th Feb Thursday 16th Feb Friday 17th Feb	10am - 5pm	FOC	Westfield Community Sports Centre, Watford	
Go Ride (Cycling for Schools)	Monday 13th Feb	9am - 4pm	£50	Queens School	18+
Gymnastics: Event Officiating	Monday 13th Feb	9am - 12noon	£30	Queens School	14+
Gymnastics: Introduction to Judging	Monday 13th Feb	12.45pm - 4pm	£30	Queens School	14+
British Fencing GO/FENCE Leaders' Training Day	Monday 13th Feb	10am - 5pm	£70	Marriotts School	14+
Level 1 Award in Dance Leadership (Pro-Action)	Monday 13th Feb Tuesday 14th Feb Wednesday 15th Feb Thursday 16th Feb Friday 17th Feb	10am - 5pm	FOC	Hatfield Leisure Centre	14-21 yrs
Primary School Athletics KS1 and 2	Monday 13th Feb	6 - 8.30pm	£30	Nicholas Breakspear School	





UKCC Level 1 Coaching Children Rugby Union	Tuesday 14th Feb Wednesday 15th Feb Friday 17th Feb	9am - 5pm 7 - 10pm 9am - 5pm	£105	Hertfordshire Sports Village	18+
GB Boxing Awards Tutor Course	Tuesday 14th Feb	9am - 3.30pm	£100	Hertfordshire Sports Village	14+
scUK: Safeguarding & Protecting Children	Tuesday 14th Feb	9.30 - 12.30pm	£30	Hertfordshire Sports Village	16+
Disability Badminton	Tuesday 14th Feb	10am - 12noon	£20	Hertfordshire Sports Village	16+
British Gas ASA Learn to Swim Framework AquaFUN	Tuesday 14th Feb	1 - 5pm	£35	Hertfordshire Sports Village	
scUK: How to Coach Disabled People in Sport	Tuesday 14th Feb	6.30 - 8.30pm	£25	Hertfordshire Sports Village	16+
Performance Nutrition (Lindsay Kass)	Tuesday 14th Feb	7 - 9pm	£20	Hertfordshire Sports Village	
Sports Psychology Workshop (Zoe Chamberlain)	Tuesday 14th Feb	7 - 9pm	£20	Hertfordshire Sports Village	
Level 1 Basketball	Tuesday 14th Feb Wednesday 15th Feb	10am - 4pm	£70	Francis Bacon School	16+
Trampoline Level 1 for teachers	Tuesday 14th Feb Wednesday 15th Feb	9am - 4pm	£140	Queens School	
UKCC Level 1 Certificate in Coaching Volleyball	Tuesday 14th Feb Thursday 16th Feb Friday 17th Feb	9am - 5pm	£180	Queens School	16+
Badminton Young Officials	Tuesday 14th Feb	1 - 5pm	£10	Queens School	14-19 yrs
UKCC Level 1 Certificate in Coaching Indoor Rowing	Tuesday 14th Feb Wednesday 15th Feb	9am - 5pm	£134	Marriotts School	16+
Inclusive Invasion Games	Tuesday 14th Feb	6 - 8.30pm	£30	Nicholas Breakspear School, St Albans	
Managing Challenging Behaviour	Wednesday 15th Feb	10am - 1pm	£30	Hertfordshire Sports Village	16+
Rugby CPD: Half Back Play (practical)	Wednesday 15th Feb	10am - 1pm	£15	Hertfordshire Sports Village	18+
Rugby CPD: Planning & Periodisation (theory)	Wednesday 15th Feb	2 - 5pm	£15	Hertfordshire Sports Village	18+
scUK: Safeguarding & Protecting Children 2	Wednesday 15th Feb	6.30 - 9.30pm	£30	Hertfordshire Sports Village	16+
Learning from Legendary Coaches: John Buchanan (David Turner)	Wednesday 15th Feb	7 - 9pm	£10	Hertfordshire Sports Village	
Preparing Athletes for Performance (Tony Sephton)	Wednesday 15th Feb	7 - 9pm	£20	Hertfordshire Sports Village	
Badminton Tournament Organisation / Referee (combined)	Wednesday 15th Feb	10am - 4pm	£20	Queens School	16+
Baseball & Softball Foundation Level Award	Wednesday 15th Feb	10am - 4pm	£15	Queens School	14+
Efficient Assessment in PE and Planning a PE Curriculum	Wednesday 15th Feb	6 - 8.30pm	£30	Nicholas Breakspear School, St Albans	





Herts FA: Coaching Disabled Performers	Thursday 16th Feb	9am - 3pm	£18	Hertfordshire Sports Village	17+
Rugby CPD: Scrum Factory (practical)	Thursday 16th Feb	9am - 12noon	£15	Hertfordshire Sports Village	18+
Rugby CPD: Team Selection (theory)	Thursday 16th Feb	1 - 4pm	£15	Hertfordshire Sports Village	18+
Tri Golf Activators	Thursday 16th Feb	3.30 - 5.30pm	£20	Hertfordshire Sports Village	14+
scUK: Safeguarding & Protecting Children	Thursday 16th Feb	6.30 - 9.30pm	£30	Hertfordshire Sports Village	16+
scUK: Coaching Children & Young People	Thursday 16th Feb	6.30 - 9.30pm	£30	Hertfordshire Sports Village	16+
Fitness Testing: Designing a programme for your athletes (Tony Sephton)	Thursday 16th Feb	7 - 9pm	£20	Hertfordshire Sports Village	
Injury Prevention (Body Balance)	Thursday 16th Feb	7 - 9pm	£20	Hertfordshire Sports Village	
UKCC Level 1 Certificate in Coaching Badminton	Thursday 16th Feb Friday 17th Feb Saturday 25th Feb	9am - 5pm	£225	Francis Bacon School	16+
Basketball Level 1	Thursday 16th Feb Friday 17th Feb	10am - 4pm	£70	North Herts College	16+
Trampoline Level 2 for teachers	Thursday 16th Feb Friday 17th Feb	9am - 4pm	£140	Queens School	
Netball Young Umpires Award	Thursday 16th Feb	9am - 4.00pm	£15	Queens School	16+
Safe & Effective Gymnastics Teaching	Thursday 16th Feb	6 - 8.30pm	£30	Nicholas Breakspear School, St Albans	
Herts FA: Futsal	Friday 17th Feb	9am - 5pm	TBC	Hertfordshire Sports Village	16+
Introduction to Practical Lacrosse	Friday 17th Feb	9am - 4pm	£20	Hertfordshire Sports Village	14+
Business Essentials (Mike Lynch)	Friday 17th Feb	10am - 2pm	£50	Queens School	
Goalball Leadership Award	Friday 17th Feb	10am - 4.30pm	£40	Charters Health Club, St Albans	
Herts County Disability Swimming Development Day	Saturday 18th Feb	11.30am - 7.30pm FOC		Hertfordshire Sports Village	
UKCC Level 1 Certificate in Coaching Orienteering	Saturday 18th Feb Sunday 19th Feb Saturday 25th Feb	9am - 5pm	£150	Hertfordshire Sports Village	16+
Badminton CPD: Advanced Movement & Hitting Skills	Saturday 18th Feb	10am - 5pm	£50	North Herts College	18+
Badminton CPD: Singles & Doubles - Tactics & Coaching	Sunday 19th Feb	10am - 5pm	£50	North Herts College	18+

