

CRUSE was set up in 1957 to offer support to widows. This service has been extended and we now provide support to anyone who has been bereaved by death, whatever their age, gender, cultural background or religious belief.

For more information:

*Cruse Bereavement Care Hertfordshire
The Old Courthouse
St Albans Road East
Hatfield
Hertfordshire AL10 0ES*

Tel: 01707 269497

OR

e-mail:

office@cruse-hertfordshire.org.uk

www.cruse-hertfordshire.org.uk

CRUSE BEREAVEMENT CARE HERTFORDSHIRE

**Awareness in
Bereavement Care Course
60 hours**

Starts 14th January 2012

**Bedwell Community Centre
Bedwell Crescent
Stevenage
Herts SG1 1NA**



**Hertfordshire Area Administration
Telephone: 01707 269497**

AWARENESS IN BEREAVEMENT CARE

January 2012

<i>Session</i>	<i>Date</i>	<i>Topic</i>
1 & 2	14 th	Introduction: The Nature of Grief
3	19 th	Supported by listening
4	26 th	Death in a changing society

February 2012

<i>Session</i>	<i>Date</i>	<i>Topic</i>
5	2 nd	Grief in families
6	9 th	Key counselling skills
7 & 8	11 th	Working with clients & emotions
9	16 th	Loss of a child
10	23 rd	Support systems

March 2012

<i>Session</i>	<i>Date</i>	<i>Topic</i>
11	1 st	Developing the relationship
12	8 th	Extreme & unresolved grief
13	15 th	Reviewing and moving on
14	22 nd	Preparing for endings
15 & 16	24 th	Sharing and practice/Sharing and support

All evening sessions start at 7.30pm until 10pm

All Saturday sessions start at 9.30am until 4pm

Tea/coffee will be provided – please bring your own lunch on the Saturday sessions. There are some shops near to Bedwell Community Centre where you may be able to buy lunch

Each session will consist of a talk or other presentation and time for participants to explore their own feelings in a small group setting.

This group experience depends on all members being present, so attendance at only part of the course is not acceptable.

The course is suitable both for those with previous counselling experience and those with none.

All prospective applicants will be required to consent to a Criminal Records Bureau (CRB) check.

The course trainers will be Carmen Kelly and Jo Ansell.

Fee: £250

Information evening:

If you are interested in applying for this course please book your place at the information evening on Thursday 10th November 2011 at Bedwell Community Centre from 7pm to 9pm. Either telephone the office on 01707 269 497 or email office@cruse-hertfordshire.org.uk by Tuesday 8th November.

Following this evening prospective trainees will be given the opportunity to apply for an interview by completing a form and returning with a deposit of £50 (payable to Cruse Bereavement Care Hertfordshire) to the office. Cheques will be held until a place is confirmed and accepted.

Interviews will be in the evenings of 17th and 24th November, and 1st December 2011 in Stevenage and Hatfield.