

# BREASTFEEDING SUPPORT

Updated May 2012

## West & South Herts

<b>Sunday</b>	<b>Hemel Hempstead</b> <b>11.00-13.00</b> Community Midwife Clinic Hillside Road HP2 4AD					
<b>Monday</b>	<b>Chipperfield</b> <b>10.00-11.30</b> The Lanes Children's Centre The Common WD4 9BS 01923 262 640	<b>Bushey</b> <b>10.00-11.30</b> Hartspring Community Centre Park Avenue WD23 2BJ 020 8950 1112 BfN	<b>Harpenden</b> <b>10.30-12.30</b> Breastfeeding Support Group The Oval Café Highfield Oval AL5 4BX <a href="mailto:contact@harpenden-breastfeeding.co.uk">contact@harpenden-breastfeeding.co.uk</a>	<b>Borehamwood</b> <b>1.30- 3.00</b> Baby Café local The BECC Shakespeare Road WD6 2FD 020 8386 4038		
<b>Tuesday</b>	<b>Hemel Hempstead</b> <b>9.30-11.00</b> Grove Hill Community Centre Henry Wells Square HP2 6BJ	<b>Chorleywood</b> <b>9.30-11.00</b> Chorleywood & Loudwater Children's Centre Lower Road WD3 5LB 01923 484 903	<b>Potters Bar</b> <b>10.00-11.30</b> Baby Cafe Local PB1 CC, Chace Avenue EN6 5NP 01707 658 547	<b>Watford</b> <b>11.00-12.30</b> Westfield Children's Centre Tolpits Lane WD18 6NS 01923 217 366		
<b>Wednesday</b>	<b>Radlett</b> <b>10.00-11.30</b> Baby Café Local Phillimore Community Centre Phillimore Place WD7 8NN 01923 673 698	<b>St Albans</b> <b>10.30-12.30</b> Breastfeeding Drop-In St Albans Children's Centre Church Crescent AL3 5JB 01727 891 100	<b>Watford</b> <b>13.30-15.30</b> Berrygrove Children's Centre Cow Lane WD25 9PW 01923 233 787			
<b>Thursday</b>	<b>Rickmansworth</b> <b>10.30-12.00 (Term Time Only)</b> Rickmansworth Children's Centre Shepherd's Lane WD3 8JJ 01923 772 094	<b>South Oxhey</b> <b>13.00-14.30</b> Breastfeeding Café South Oxhey Children's Centre Northwick Road WD19 6NL 0208 700 2203	<b>Hemel Hempstead</b> <b>13.30-15.00</b> Breastfeeding Café Heath Lane Children's Centre South Hill Centre, Cemetery Hill HP1 1JF 01442 255 882	<b>Watford</b> <b>14.00-15.00 (opens 20.10.11)</b> Breastfeeding Café Leavesden Children's Centre High Road, Leavesden WD25 7QZ 01923 484 360		
<b>Friday</b>	<b>Oxhey Hall</b> <b>10.00- 11.30am</b> Ebury Children's Centre Oxhey Hall Watford WD19 4LL 01923 255054	<b>Bushey Heath</b> <b>10.00- 11.30</b> Baby Café Local The Reddings Children's Centre Harcourt Road WD23 3PR 020 8950 1112	<b>Hemel Hempstead</b> <b>12.30-14.00</b> Sportspace HP1 1JS	<b>St Albans</b> <b>13.00-14.30 (Term Time Only)</b> Breastfeeding Network (BfN) Drop-In The Alban Way Children's Centres Sherwood Park, Sherwood Avenue AL4 9QL 01727 260 041		

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<b>Monday</b>	<b>Hitchin</b> <b>10.00-11.00</b> Bluebell Children's Centre Standhill Road SG4 9AG 01462 459053	<b>Welwyn Garden City</b> <b>12.00-13.00</b> Oak Tree Children's Centre Holwell Road AL7 3RP 01707 375 079	<b>Letchworth</b> <b>12.30-14.00</b> Icknield Children's Centre Archers Way SG6 4UN 01462 663 100	<b>Hoddesdon</b> <b>13.00-15.00</b> Hoddesdon Health Centre High Street EN11 8BQ 01992 471 818	<b>Hatfield</b> <b>13.30-14.30</b> De Havilland Children's Centre Travellers Lane AL10 8TQ 01707 346 624	<b>Stevenage</b> <b>13.30-15.30</b> Bedwell Community Centre Bedwell Crescent SG1 1NA 01438 727 161
<b>Tuesday</b>	<b>Hatfield</b> <b>9.15-10.30</b> Howe Dell Children's Centre The Runway AI10 9AH 01707 263291 ext 2	<b>Cheshunt</b> <b>9.45-11.00 (Term time only)</b> Arlesdene Nursery School & Children's Centre Blindmans Lane EN8 9DW 01992 626 879	<b>Watton at Stone</b> <b>10.00-11.30</b> Beane Valley Children's Centre Rectory Lane SG14 3SG 01920 831 053	<b>Royston</b> <b>10.30-12.00</b> Royston & Villages Children's Centre Burns Road SG8 5EQ 01763 243 338	<b>Stevenage</b> <b>11.30-13.00</b> Shephall Children's Centre 5, The Hyde SG2 9SD 01438 729466	<b>Bishop's Stortford</b> <b>12.30-14.00</b> Child Health Department Herts & Essex Hospital Haymeads Lane CM23 5JH 01279 827 311
<b>Wednesday</b>	<b>Cheshunt</b> <b>10.00-11.30</b> Allsorts Children's Centre Lieutenant Ellis Way EN7 5FB 01992 633 761	<b>Letchworth</b> <b>10.00-12.00</b> Chestnut Tree Children's Centre Radburn Way SG6 2JZ 01462 681 334	<b>Ware</b> <b>10.30-12.00</b> Bowling Road Health Centre Bowling Road SG12 7EF 01920 462 388	<b>Stevenage</b> <b>13.30-15.30</b> Stanmore Road Health Centre Old Town SG1 3QA 01438 727 161		
<b>Thursday</b>	<b>Waltham Cross</b> <b>10.00-12.00</b> Greenfield Children's Centre Hurst Drive EN8 8DH 01992 760 779	<b>Stevenage</b> <b>12.45-14.15</b> Broadwater Children's Centre Oaks Cross SG2 8LT 01438 230 444	<b>Hertford</b> <b>13.00-15.00</b> Selections Children's Centre Welwyn Road (by Sele School) SG14 2DG 01992 581 258	<b>Hitchin</b> <b>13.30-14.30</b> Oughton Children's Centre Mattocke Road SG5 2NZ 01462 456 329		
<b>Friday</b>	<b>Buntingford</b> <b>11.00-12.00</b> Bramble Hill Children's Centre Mill Close Buntingford SG9 9SZ 01763 273008	<b>Hatfield</b> <b>13.00-14.00</b> Queensway Health Centre Queensway AL10 0LF 01707 264 577	<b>Baldock</b> <b>13.30-15.00</b> Park Drive Health Centre (in Tesco Car Park) SG7 6EN 01462 492 500			

### Useful Contact Information

National Breastfeeding Helpline  
 0300 100 0212  
[www.breastfeeding.nhs.uk](http://www.breastfeeding.nhs.uk)

La Leche League  
 0845 120 2918  
[www.laleche.org.uk](http://www.laleche.org.uk)

NCT Breastfeeding Line  
 0300 330 0771  
[www.nct.org.uk](http://www.nct.org.uk)

Breastfeeding Network Supporterline  
 0300 100 0210  
[www.nationalbreastfeedinghelpline.org.uk](http://www.nationalbreastfeedinghelpline.org.uk)