



Children's Centre Activity Chests



Based on The Early Years Foundation Stage Principles

Learning and Development 4.4 Areas of Learning and Development

Creative Development

- Making food plates and sticking on what they like for a meal
- Role play



Problem Solving, Reasoning and Numeracy

- Tea set and counting how many of each thing do we have enough for everyone?
- Counting eyes, nose, mouth and fingers.
- Puzzles



Keeping healthy and food

Physical Development

- Games
- Walking, what do wear outside at different times of the year
- Puzzles

Communication, Language and Literacy

- Discuss favourite foods
- What foods are healthy and not so healthy
- Role play
- Stories

Personal, Social and Emotional Development

- Washing hands and brushing teeth
- Role play area healthy food, dolls to dress, clean and feed
- Daytime routine make own picture routine
- Talking about feeling unwell
- Keeping clean – washing and washing our clothes, plates and cutlery.
- Sitting down and eating together
- Trying different foods and if the children like them or dislike them and why
- Acting out stories and rhymes

Knowledge and Understanding of the World

- Trying foods from different places around the world
- Tasting sessions using fruits and making a fruit salad/ kebab
- Look at different types of food – healthy and not so healthy
- Talk about when we are feeling unwell
- A cooking activity explain the process of washing hands and equipment after use etc

